

WINTER MENU 2016/17

Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Crispy potato topped cottage pie Minted potatoes Gravy Green beans Winter medley of vegetables	Hearty chicken casserole with herby dumplings Creamed potatoes Winter cabbage Fresh carrot batons	Meatballs in a homemade tasty tomato sauce Fluffy rice Peas Cauliflower	Roast turkey with sage and onion stuffing Gravy, Roast potatoes Broccoli Roasted parsnips	Daisy's delicious fish in tomato sauce or battered fish Chips Baked beans Sweetcorn
Vegetarian chilli fajitas Minted potatoes Green beans Salad bar selection	Winter vegetable pasta bake in tomato sauce Jacket potato Fresh carrot batons Salad bar selection	Quorn tikka masala Fluffy rice Peas Cauliflower	Cheese and potato pie Farmhouse wedge Broccoli Salad bar selection	Vegetarian spaghetti bolognese Garlic slice Sweetcorn Salad bar selection
Jacket potato served with cauliflower and lentil curry Salad bar selection	Jacket potato served with cheddar cheese Salad bar selection	Jacket potato served with chicken mayonnaise Salad bar selection	Jacket potato served with a tuna and sweetcorn topping Salad bar selection	Jacket potato served with creamy coleslaw & baked beans Salad bar selection
Pumpkin seed wedge	Homemade wholemeal bread	Naan bread	Onion topped loaf	Poppy seed baguette
Sticky fruit buns	Iced sponge	Chocolate and vanilla swirls	Jam sponge with custard	Blueberry muffins
Chocolate crunch and chocolate sauce	Pear and apple crumble with custard	Rhubarb pie and custard	Jess's lemon Bakewell tart with fruit coulis	Cheese and biscuits served with grapes

Week one Commences: • 7th November • 28th November • 2nd January • 23rd January • 20th February • 13th March • 3rd April

Week 2

Homemade margherita pizza Jacket potato or pasta spirals in a homemade tomato sauce Sweet corn Crudités	Roast gammon and pineapple Creamed potatoes Gravy Medley of seasonal vegetables Winter cabbage	Mild pork curry Savoury rice Peas Cauliflower	Millie's garlic chicken New potatoes Green beans Sweetcorn	Cod or salmon fish fingers with a lemon wedge Chips Baked beans Peas
Roasted vegetable wrap with cheese Pasta spirals in a homemade tomato sauce Sweetcorn, Crudités	Tomato pasta bake Jacket potato Medley of seasonal vegetables Salad bar selection	Macaroni cheese Jacket potato Peas Salad bar selection	Vegetarian bites in a tasty homemade tomato sauce Mediterranean rice Carrot and swede Salad bar selection	Quorn dippers served with tomato ketchup Chips Baked beans Peas
Jacket potato served with a mild vegetarian chilli Salad bar selection	Jacket potato served with tuna and mixed pepper mayonnaise Salad bar selection	Jacket potato served with coronation chicken Salad bar selection	Jacket potato served with cheddar cheese and red onion Salad bar selection	Jacket potato served with baked beans Salad bar selection
Crusty herb loaf	Wholemeal wedge	Naan bread	Focaccia bread	Soft bag
Jambo biscuit	Shortcake fingers	Jam roly poly and custard	Ginger biscuits	Sam's banana cake
Eve's pudding and custard	Creamy rice pudding with fruit coulis	Chocolate trifle	Jacobs's apple and blackberry crumble with vanilla sauce	Fruity flapjack

Week two Commences: • 14th November • 5th December • 9th January • 30th January • 27th February • 20th March • 24th April

Week 3

Chicken fricassee Fluffy rice Fresh carrot batons Broccoli florets	Farm assured sausages Roast potatoes Winter greens Cauliflower	Traditional chicken pie Gravy Creamed potatoes Green beans Medley of seasonal vegetables	Roast pork with apple sauce Gravy Minted potatoes Fresh carrot batons Peas	Fish goujons served with tomato ketchup Chips Baked beans Sweetcorn
Cheese flan Minted potatoes Fresh carrot batons Broccoli florets	Cauliflower & broccoli bake Jacket wedges Winter greens Salad bar selection	Winter vegetable pie Creamed potatoes Green beans Medley of seasonal vegetables	Sweetcorn and red pepper pizza Pasta spirals in a homemade tomato sauce Peas Creamy coleslaw	Vegetarian hot dogs served with tomato sauce Chips Baked beans Sweetcorn
Jacket potato served with tuna and pepper mayonnaise Salad bar selection	Jacket potato with cheddar cheese Salad bar selection	Jacket potato served with a tasty bolognese sauce Salad bar selection	Jacket potato with creamy coleslaw and baked beans Salad bar selection	Jacket potato & tuna mayonnaise Salad bar selection
Beetroot bread	Tomato flat bread	Garlic bread	Oatie twist bread	Rustic farmhouse wedge
Home baked lemon cupcakes	Devonshire split	Fruit jelly and cream	Melon boats with orange twists	Cherry shortbread
Apple crumble and custard	Cheese cake with fruits of the forest coulis	Chocolate sponge with chocolate sauce	Steamed treacle sponge and custard	Golden cracknel bar

Week three Commences: • 21st November • 12th December • 16th January • 6th February • 6th March • 27th March • 1st May



WE CAN CATER FOR SPECIAL DIETS
 Children who require a special diet should complete a medical diet school meals request form which is available from your school office.



H Halal
 M Mains V Vegetarian

Celery
 Crustaceans
 Fish
 Milk
 Mustard
 Peanuts
 Soya
 Cereals containing gluten
 Eggs
 Lupin
 Molluscs
 Nuts
 Sesame seeds
 Sulphur dioxide

Allergens correct at time of print, updates will be posted on the website, www.leicestershire.gov.uk/school-food