

How do we keep the children safe?

The Forest School Leader has been trained to carry out the sessions and is also fully first aid trained. The ratio of adults to children will be about 1:8 children to ensure that the children are safe and have the best possible experience. The site has been carefully assessed and the children will be trained on how to keep safe by evaluating risks themselves. The children will not be using tools or participating in camp fires at this point.



“Tell me and I forget, teach me and I may remember, involve me and I learn.”

- Benjamin Franklin

Where do they go?

The children will go to our ‘Outdoor Learning Centre’ on site. It is an amazing site with a wide range of flora and fauna for the children to explore.

When do they go?

We are hoping to give all children at Langmoor, the opportunity to participate in Forest School this year. Year 5 and 6 have already had the opportunity. Year 3 will be participating in the Spring Term.

What can I do?

Make sure your child is wearing appropriate clothing. Talk to your child about what they have done. Look at the school website with your child to look at the photos. Explore your own local natural areas together.

Visit: www.forestschools.com for more information

Please speak to Miss Payne the Forest School Leader if you would like any more information or are able to support our Forest School in some way



LANGMOOR FOREST SCHOOL



What is Forest School?

Originally a Scandinavian idea, Forest School offers an exciting opportunity for your child to experience nature and learn outdoors. At Forest School the children learn from first hand experience and develop skills like perseverance, independence and responsibility. (Linking with our whole school work on 'Routes to Resilience'). These are all skills that will help them to achieve more when they are back in the classroom.

What are the benefits of Forest School?

- confidence and self esteem
- communication and social skills
- physical skills
- greater understanding and awareness of the natural environment
- natural motivation and a positive attitude to learning
- the ability to recognise and manage risk
- healthier lifestyles

What happens at Forest School?

A Forest School session lasts around 1 hour. During this time children will have time to sit at base camp and discuss the week's activities. The Forest School Leader will discuss safety and then children will be given time to explore the natural area and their own interests. They may choose to make dens, leave trails, go on scavenger hunts and make environmental art. Pictures will be put onto the school website with some of the activities that we get up to!

Does Forest School still go ahead in bad weather?

Forest school will be able to go ahead in almost all weathers as the children should have clothes that will keep them warm and dry. We will only cancel if it is too windy and unsafe to go to the Forest School site.

What does my child need to wear?

Your child will need to bring suitable clothing to school on the days that they do 'Forest School'.

- Wellies/old shoes
- Clothing that is OK to get muddy and dirty
- In hot weather children should wear light, cool clothing. They will need to wear long sleeve tops and trousers to protect them from scratchy trees. Also make sure they have a hat
- In cold weather make sure your child has enough layers on to keep them warm outside.
- A coat (waterproof with a hood).
- Extra socks - in case their socks get wet!

If you have any old waterproofs, fleeces, or wellington boots, please bring them to school so that we have some spares!

